



CHANDIGARH GOLF ASSOCIATION



CGA

BULLETIN

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An in-house Newsletter of Chandigarh Golf Association

HIGHLIGHTS/DEVELOPMENTS

1. RO Plant installed in Restaurant Kitchen
2. Live Music Band on every wednesday in restaurant.
3. Sound system installed.
4. Restaurant kitchen being redesigned and upgraded.
5. Fencing being increased in height to avoid stray balls.
6. New driving matts being procured.
7. Banquet hall being repaired.
8. New membership smart cards introduced.
9. Cafe' refurbished
10. Rear area being developed.
11. Fitness Centre being renovated
12. International Yoga day celebrated on 21 June.
13. Additional ball picking unit with prime mover being organised to cut down on range idling time.
14. De-weeding of fairway being undertaken.
15. Flood lights being planned to light up the range.
16. Horticulture improvement is in process.

VASU SEHGAL



Vasu Sehgal, turned pro in 2022 and participates in all professional golfing tours.

HEENA KANG



Heena Kang, participated in the 31st Singapore Ladies Amateur Golf Championship in June 2025.

BHAVYA MANN



Bhavya Mann ranked 2nd in Junior Girls (IGU Feeder Order of Merit 2022).

'On Course' with the Coach

TIPS BY JESSE GREWAL

Dronacharya Awardee



Putting—hear the ball fall into the hole

As the hole gets closer, to us the tendency of taking the eyes off the ball increases. There are some players who get completely 'hole bound', they keep looking at the hole and actually do not focus on the ball.

It is also very common to see players 'spin out' of the putt or turn their body towards the hole before making contact with the ball. This happens due to the desire to see where the ball is going. Anxiety of missing a short putt also increases this tendency. When the body turns too early it makes the putter follow the path of the turn, which is to the left for a right handed golfer. This would make the ball go left. As this happens, the hands react and open the face and we end up hitting a weak 'cut' which spins to the right and could also end up short. This is very frustrating for golfers as they could have both mistakes—a pull because of the path and a miss to the right due to the opening of the putter face.

The following drills could help:

- Do not watch the ball go into the hole - wait to hear it fall in. This will keep your body still and stay facing the balls original position.
- Rock your shoulders on short putt instead of rotating. Maintain the triangle formed between the arms and the shoulders through the stroke and keep your body facing the balls original position.
- Place the back of the putter touching the ball and push it towards the hole without taking a backswing. Make sure that you push with the shoulders. After a few putts with this drill make a short backswing and create the same follow through.
- Pick a spot just in front of the ball and make sure that the centre of your putter goes over it.