



Vol #3 - Issue #
August 2025

CGA Bulletin

An in-house Newsletter of Chandigarh Golf Association

HIGHLIGHTS:

To maintain financial discipline, it has been decided that henceforth Quarterly Audit will be conducted instead of Half Yearly.

Tractor sponsored for an amount of 60% of cost by M/s Sunjin Feeds received.

Golf picking unit sponsored by M/s Netsmartz received.

Landscaping and horticulture under completion, sponsored by Mr. Karan Mahajan.

Stimpmeter to track the speed of green presented by Mr. Sandeep Sarup Sehgal.

TV for Executive Meeting Room presented by Mr. Puneet Sood.

Installation of RO plant in kitchen.

Outdoor speakers installed in the main lawn and the swimming pool area.

Access Control implemented, allowing members entry solely through biometric identification or RFID cards.

Improvement of Fitness Centre.



Seeding of grass on bald patches of fairway.

Fairway flood lit.

Golf Library being planned for members.

Cleaning and repair of back area of restaurant.



A cheque of Rs. 5 Lac presented to Hon'ble Governor of Punjab and Administrator U.T. Chandigarh Sh. Gulab Chand Kataria for the Prime Minister's National Relief Fund for the defence efforts and for victims of the Pahalgam incident, by Sh. R K Pachnanda, IPS (Retd.), President CGA, Sh. Karan Mahajan (General Secretary), Sh. Gaurav Sethi (Treasurer) and Sh. Harinder Pal Singh (Joint Secretary). **CGA extends its gratitude to the members who contributed for the same, for their noble patriotic gesture.**



Pitch and Putt Golf Tournament organised for youngsters and Sh. Sorabh Kumar Arora, PCS, Director Sports, was the Chief Guest. The same was also attended by Sh. Naunihal Singh, Sh. Siddhartha Kumar, Sh. Karan Mahajan, Sh. Puneet Sood, Sh. Harinder Pal Singh and Sh. Mahesh Kumar.



ACHIEVEMENTS / HIGHLIGHTS

Putting Green Speed was measured and recorded as 9.3



Flood Lights installed for the Driving Range.



Cheque of Rs.1 lakh each by Mr. S K Sharma, IPS (Retd.), Hony. Secretary, IGU and Er. Harpuneet Singh Sandhu, Member Governing Council of IGU, presented to the President CGA, Sh. R K Pachnanda, IPS (Retd.) for the promotion of golf for youngsters on behalf of Indian Golf Union (IGU).



ACHIEVEMENTS / HIGHLIGHTS

Maintain your centre

'On Course' with the Coach

TIPS BY JESSE GREWAL

The position of the body in relation to the ball at impact has a direct effect on the angle of approach of the club. This affects the quality of contact with the ball. If the centre of your body (the sternum) is ahead of the ball the club would approach the ball on a steep plane and the divot would tend to be deep and ahead of the ball. If the body falls back with the centre being well behind the ball the club would approach on a very shallow plane and would tend to hit the ground behind the ball or would not hit the ground at all, which means that there would be either a thin divot slightly behind the ball or no divot.

In an ideal address position, the sternum is slightly behind the ball and the upper body is inclined a little away from the target. During the back swing the hips should turn away from the ball without any lateral movement. This could be checked in a mirror by placing two shafts on either side of your feet (picture 1). From the top of the back swing the hips should initiate the down swings by turning towards the target within a line drawn through the lead ankle (picture 2). If the hips move laterally on the back-swing the player is swaying (picture 3) and if they move laterally on the forward swing it is termed. An incorrect body action could be just a bad habit created out of an incorrect notion of the golf swing or out of compulsion.



The former could be simply an incorrect understanding of the meaning of weight shift'. A lateral action like a sway or a slide can be created because the player is deliberately trying to shift their weight. The correct action is a rotation of the body away from the target on the back-swing and towards the target on the forward swing without a lateral movement somewhat like a discuss throw. In the latter case it could be a reaction to the rest of the swing. When a player has a swing plane coming from out to in or over the top, the club would be coming too steep and the player may fallback to prevent a deep divot. The opposite is when a player's swing is approaching the ball from inside the club would be coming from a shallow plane and the player would tend to move forward to create a divot. This could be analyzed through a video recording of the swing.

Pre-Shot Routine by

GURSIMRAN SINGH SETHI



- ★ Always form a clear pre-shot plan before addressing the ball.
- ★ Begin by standing 6 to 8 feet behind it and visualizing your intended shot.
- ★ Take into account all environmental factors:
 - Lie of the ball.
 - Slopes and contours of the ground.
 - Wind direction and strength.
 - Flag position on the green.
 - Tee box and fairway layout or pattern.
- ★ Mentally rehearse and feel the swing you want to execute.
- ★ Only approach the ball when your mind is clear and fully committed to the planned shot.

AADIL BEDI (AN OVERVIEW)

Aadil's journey to playing on professional golf tours began at the Chandigarh Golf Association (CGA) Range, which has supported him like a family — nurturing his growth.

As a junior, he had the honour of representing CGA at numerous events, including winning a silver medal for the state in 2023. His performances earned him recognition from the Chandigarh Administration, which felicitated him twice — once for participating in the Asian Games, Eishenower world cup and again for representing the state at the National Games and winning the silver medal for UT. Aadil has been awarded a cash reward Rs. 12 lacs from Union Territory, Chandigarh, based on inputs from Chandigarh Golf Association.

CGA has provided Aadil not just a training ground, but a world-class environment to grow due to its exceptional facilities — including a high performance fitness centre, yoga centre, swimming pool, pristine putting greens, and a state-of-the-art driving range which meet international standards.

